



# PE and Sport at St Saviour's Catholic Primary and Nursery School

## What is the Sports Premium?

The PE and Sport Premium is funding that the Government gives to schools specifically with the aim of improving physical education and sport. The UK Chief Medical Officers recommend that all children and young people should take part in moderate to vigorous intensity physical activity for at least 60 minutes every day. The [Childhood Obesity Plan](#) says that at least 30 minutes of daily activity should take place in schools.

At St Saviour's, we value sport and the role it plays in promoting health and well-being. This statement outlines how we are using the funding we have been given, to ensure all pupils at our school have a diverse range of opportunities to learn different sports, both competitive and non-competitive promoting an active lifestyle through exercise and healthy eating.

- At St Saviour's Catholic Primary and Nursery School, we recognise the contribution of Physical Education (PE) to the health and well-being of the pupils. We believe that an innovative, varied PE curriculum and extra-curricular opportunities have a positive influence on the concentration, attitude and academic achievement of all our pupils.
- Physical Education and sport clearly contribute to the holistic development of young people and through participation in sport and physical education, pupils learn more about key values such as teamwork, fair play and respect for themselves and others.
- There is significant evidence to show the positive effects of sport and exercise on pupils' physical health, growth and development. Furthermore, sport also provides a healthy environment for young people to learn how to deal with competition and how to cope with both winning and losing.

Click on this link for more detailed information: <https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools#about-the-pe-and-sport-premium>

## Purpose of the Funding:

Schools will have to spend the sport funding on improving their provision of PE and sport but will have the freedom to choose how to do this.

Possible uses for the funding include:

- funding high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extracurricular sport and competitive opportunities
- providing or improving equal access to sport for boys and girls

Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- increasing all staff's confidence, knowledge and skills in teaching PE and sport
- increasing engagement of all pupils in regular physical activity and sport
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increase participation in competitive sport
- Encouraging active play during break times and lunchtimes;
- Establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered;
- Raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim.

Total amount carried over from 2021/22	£0
Total amount of funding received for 2022/23. (To be spent and reported on by 31st July 2023.)	£ 17,563
Total amount spent in 2022/23	£18,629.26

Meeting national curriculum requirements for swimming and water safety.	Percentage
N.B. Complete this section to your best ability. For example, you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts. <b>Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study</b>	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2023. Please see note above	94.4%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? Please see note above	94.4%
<b>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</b>	100%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes

<b>Academic Year:</b> 2022/23	<b>Total fund allocated:</b> £ 17640	<b>Date Updated:</b> 19/6/23		
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school.				Percentage of total allocation: £14,219.33 - 76%
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
A range of after school clubs run by Full of Beans to engage all pupils in extra-curricular sports.	<ul style="list-style-type: none"> <li>• After school clubs to be set up.</li> <li>• PE coordinator to liaise with Full of Beans to ensure afterschool clubs are varied and inclusive for all children.</li> <li>• Afterschool clubs in KS2 to reflect competitions for that half term to help raise the profile of engagement in clubs and competitions.</li> </ul>	<p>Autumn 1, Before &amp; After school sports clubs and CPD Yoga (Full of Beans) £3,096.00</p> <p>Autumn 2, Before &amp; After school sports clubs, CPD Yoga &amp; Street Dance (Full of Beans) £2,772.00</p> <p>Summer ASC £180 £150</p>	<ul style="list-style-type: none"> <li>• Afterschool clubs mostly at full capacity.</li> <li>• Children’s feedback from clubs is extremely positive.</li> <li>• Some competitions attended have been very successful.</li> </ul>	<ul style="list-style-type: none"> <li>• Clubs to continue to link to teams in order to motivate and increase levels of engagement.</li> <li>• Staff receiving CPD in PE (see section 3).</li> <li>• Monitoring of the clubs to ensure high quality clubs.</li> </ul>

Provide additional swimming to year 3 as an additional class (3 days a week for a half term)	<ul style="list-style-type: none"> <li>All existing swimmers increase their attainment by 10 metres thus increasing their confidence in water.</li> <li>All remaining non swimmers achieve 25 metres thus meeting the statutory requirements of the national curriculum for PE.</li> <li>All pupils can perform safe rescue over a varied distance so they are confident and safe in water.</li> </ul>	£8,021.33	<ul style="list-style-type: none"> <li>94.4% of our year 6 class achieved 25m+ by the end of the year.</li> <li>Children are given a full half a terms swimming (years 3-6) three afternoons a week.</li> <li>All children, each year, complete water safety training.</li> </ul>	<ul style="list-style-type: none"> <li>All staff taking teachers swimming are fully trained to do so.</li> <li>The teachers will work together to ensure all staff involved are confident and secure in teaching swimming.</li> </ul>
<b>Key indicator 2:</b> The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				£34,99.93 – 18.8 %
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
Afterschool clubs to link to online COAKS SSP competitions.	<ul style="list-style-type: none"> <li>Afterschool clubs to link to COAKS SSP competitions (see section 1).</li> <li>PE coordinator to attend zoom meetings for COAKS SSP.</li> <li>Classes to engage with online competitions which link to their current PE topics.</li> </ul>	£1000	<ul style="list-style-type: none"> <li>Afterschool clubs mostly at full capacity.</li> <li>Children’s feedback from clubs is extremely positive.</li> <li>Some competitions attended have been won e.g. basketball we came 1<sup>st</sup>, Street Dance we came 3<sup>rd</sup>/</li> </ul>	School running internal competitions.

New equipment	<ul style="list-style-type: none"> <li>• Purchase new equipment to support the teaching of effective gymnastics</li> <li>• Ensure all equipment which needs repairing is repaired.</li> </ul>	<p>Gymnastics mats and trolley: £1,454.97</p> <p>Sport's day items: £26.96</p> <p>Other equipment: £253</p>	<ul style="list-style-type: none"> <li>• Children have the equipment needed to achieve curriculum objectives and to strive to do their best.</li> </ul>	Equipment will be cared for and replaced when necessary.
Quidditch day	<ul style="list-style-type: none"> <li>• Enrich education to lead an inclusive Quidditch day to inspire and motivate all pupils to be active.</li> </ul>	£566	<ul style="list-style-type: none"> <li>• All children engaged within the event.</li> <li>• Children spoke very positively about the lessons.</li> <li>• Teachers stated that they benefited from the CPD.</li> </ul>	School could buy their own Quidditch set and run the event or a club themselves.
Glow in the dark dodgeball reward day for healthy eating to be inclusive of all pupils and offer different sports.	<ul style="list-style-type: none"> <li>• Dodgeball day organised for all classes across the school for Summer 1.</li> <li>• Specialised teachers to come in to ensure inclusive delivery.</li> </ul>	£199	<ul style="list-style-type: none"> <li>• Day thoroughly enjoyed by all.</li> <li>• All children active.</li> <li>• Dodgeball morning club set for next academic year</li> </ul>	School could lead this if resources were purchased.
Walk to school week hosted and celebrated by young leaders- Road safety.	<ul style="list-style-type: none"> <li>• Engage all year groups in walk/cycle/scooter to school week.</li> <li>• Group of young leaders to set up and lead</li> </ul>		<ul style="list-style-type: none"> <li>• Around 30% of each year group walked, scooted or cycled to school.</li> <li>• Children were encouraged to walk from a further distance where driving is necessary.</li> </ul>	Pupil and staff lead

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation: £6866 – 36.9%
Quidditch day	Enrich education to lead an inclusive Quidditch day to inspire and motivate all pupils to be active.	£566	<ul style="list-style-type: none"> <li>All children engaged within the event.</li> <li>Children spoke very positively about the lessons.</li> <li>Teachers stated that they benefited from the CPD.</li> </ul>	School could buy their own Quidditch set and run the event or a club themselves.
PE CPD for all staff- Full of Beans	<ul style="list-style-type: none"> <li>Full of Beans to lead CPD for individual staff based on their needs.</li> <li>CPD to link to providing wider opportunities and a variety of sports to all children.</li> </ul>	Autumn 1 £3,096.00  Autumn 2 £2,772.00  Spring 1 CPD £432.00	<ul style="list-style-type: none"> <li>Feedback from staff was very positive.</li> <li>Staff have commented on their improved confidence and ability to now lead those lessons themselves.</li> </ul>	Staff to use CPD to run the lessons themselves.
PE CPD for staff - cricket	<ul style="list-style-type: none"> <li>Cricket CPD for year 2, 3, 5 and 6</li> </ul>	Free	<ul style="list-style-type: none"> <li>Feedback from staff was very positive.</li> <li>Staff have commented on their improved confidence and ability to now lead those lessons themselves.</li> </ul>	Staff to use CPD to run the lessons themselves.

<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.</b>				Percentage of total allocation: £8,671.96 – 46.5%
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
Partnership with COAKS SSP to encourage children to get involved within online competitive and non-competitive sports.	<ul style="list-style-type: none"> <li>• SSP membership to be renewed.</li> <li>• PE coordinator to attend meets.</li> <li>• Increase links with external partnerships (i.e. UCE Academy, EPSV)</li> </ul>	£1000	<ul style="list-style-type: none"> <li>• Continued membership with the SSP allowed us to take part in a variety of online competitions and personal challenges throughout the school year.</li> <li>• SSP membership was made free this academic year.</li> </ul>	<ul style="list-style-type: none"> <li>• School also running internal personal challenges – no coaches required.</li> </ul>
A range of after school clubs run by Full of Beans to engage all pupils in extra-curricular sports.	<ul style="list-style-type: none"> <li>• After school clubs to be set up.</li> <li>• PE coordinator to liaise with Full of Beans to ensure afterschool clubs are varied and inclusive for all children.</li> <li>• Afterschool clubs in KS2 to reflect competitions for that half term to help raise the profile of engagement in clubs and competitions.</li> </ul>	<p>Autumn 1, Before &amp; After school sports clubs and CPD Yoga (Full of Beans) £3,096.00</p> <p>Autumn 2, Before &amp; After school sports clubs, CPD Yoga &amp; Street Dance</p>	<ul style="list-style-type: none"> <li>• Afterschool clubs mostly at full capacity.</li> <li>• Children's feedback from clubs is extremely positive.</li> <li>• Some competitions attended have been won e.g. basketball we came 1<sup>st</sup>, Street Dance we came 3<sup>rd</sup></li> </ul>	<ul style="list-style-type: none"> <li>• Clubs to continue to link to teams in order to motivate and increase levels of engagement.</li> <li>• Staff receiving CPD in PE (see section 3).</li> <li>• Monitoring of the clubs to ensure high quality clubs.</li> </ul>

		(Full of Beans) £2,772.00. Spring 1 CPD (Full of Beans) £432.00.  Summer ASC £180 £150		
Inclusive sport's day for the whole school- school led.	<ul style="list-style-type: none"> <li>Engage all year groups in a variety of sports in appropriate 'bubbles' where required.</li> <li>Ensure equipment is ready including a working outdoor speaker</li> </ul>	Sport's day items: £17.99 £8.97 Line marking £250	<ul style="list-style-type: none"> <li>Inclusive Sport's Day was very successful with all children engaging and commenting that they enjoyed the day.</li> <li>Parental feedback was positive.</li> </ul>	School can run independently with different inclusive sports.
Cricket Board in for a clubs and curriculum lessons	<ul style="list-style-type: none"> <li>Years 2,3,5,6 to receive specialist cricket lessons.</li> <li>Staff to receive CPD</li> <li>KS2 after school club</li> <li>Lunch time club targeted at underactive children</li> </ul>	Free	<ul style="list-style-type: none"> <li>All children thoroughly enjoyed their lessons.</li> <li>Children were excited to try a different support and teachers benefitted from the CPD</li> </ul>	School staff could now continue this.
Quidditch day	<ul style="list-style-type: none"> <li>Enrich education to lead an inclusive Quidditch day to inspire and motivate all pupils to be active.</li> </ul>	£566	<ul style="list-style-type: none"> <li>All children engaged within the event.</li> <li>Children spoke very positively about the lessons.</li> <li>Teachers stated that they benefitted from the CPD.</li> </ul>	School could buy their own Quidditch set and run the event or a club themselves.



Glow in the dark dodgeball reward day for healthy eating to be inclusive of all pupils and offer different sports.	<ul style="list-style-type: none"> <li>Dodgeball day organised for all classes across the school for Summer 1.</li> <li>Specialised teachers to come in to ensure inclusive delivery.</li> </ul>	£199	<ul style="list-style-type: none"> <li>Day thoroughly enjoyed by all.</li> <li>All children active.</li> <li>Dodgeball morning club set for next academic year</li> </ul>	School could lead this if resources were purchased.
<b>Key indicator 5: Increased participation in competitive sport</b>				Percentage of total allocation: £20,70.96 -11.1%
<b>Intent</b>	<b>Implementation</b>		<b>Impact</b>	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	<ul style="list-style-type: none"> <li>Make sure your actions to achieve are linked to your intentions:</li> </ul>	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
To increase desire to participate in competitive competitions by ensuring the profile of sport is raised and pupils are dressed appropriately and feel 'ready'.	<ul style="list-style-type: none"> <li>Purchase a new school football kit.</li> </ul>	£228.00	<ul style="list-style-type: none"> <li>Pupils are extremely positive about the purchase of a new kit and have commented that they now feel 'more confident' and are 'excited' about wearing it to competitions.</li> </ul>	Kit will be will cared for, carefully stored and should last a number of years.
Partnership with COAKS SSP to encourage children to get involved within online competitive and non-competitive sports.	<ul style="list-style-type: none"> <li>SSP membership to be renewed.</li> <li>PE coordinator to attend meets.</li> <li>Increase links with external partnerships (i.e. UCE Academy, EPSV)</li> </ul>	£1000		School also running internal personal challenges – no coaches required.

In the summer term, personal challenges to be run each half term within classes to make pupils more aware of their own fitness.	<ul style="list-style-type: none"> <li>• Young ambassadors to design lead personal challenges.</li> <li>• All children to vote on which personal challenge they would like.</li> <li>• Challenges to be run at lunch time where possible.</li> </ul>	N/A	<ul style="list-style-type: none"> <li>• Lunchtime clubs back up and running. Children are speaking very positively of this and different year groups and children engage each day.</li> </ul>	Pupil lead scheme with teacher or TA support.
Quidditch day - Whole school competition.	<ul style="list-style-type: none"> <li>• Enrich education to lead an inclusive Quidditch day to inspire and motivate all pupils to be active.</li> </ul>	£566	<ul style="list-style-type: none"> <li>• All children engaged within the event.</li> <li>• Children spoke very positively about the lessons.</li> <li>• Teachers stated that they benefited from the CPD.</li> </ul>	School could buy their own Quidditch set and run the event or a club themselves.
Inclusive sports day for the whole school- school led.	<ul style="list-style-type: none"> <li>• Engage all year groups in a variety of sports in appropriate 'bubbles' where required.</li> <li>• Ensure equipment is ready including a working outdoor speaker</li> </ul>	£26.96 £250	<ul style="list-style-type: none"> <li>• Inclusive Sport's Day was very successful with all children engaging and commenting that they enjoyed the day.</li> <li>• Parental feedback was positive.</li> </ul>	School can run independently with different inclusive sports.

Signed off by:	
Headteacher:	Robina Baird
Date:	September 2023
Subject Leader:	Kate Heaton
Date:	September 2023