St Saviour's Catholic Primary and Nursery School



Planned Expenditure for the Primary PE

and Sport Premium

2023-2024

Physical Education at St Saviour's:

Physical Education (PE) at St Saviour's Catholic Primary and Nursery School is a valued and an integral part of the school curriculum. Vital skills such as communication and team work are significantly enhanced through positive and successful participation in PE. Every child should feel that PE is a chance for them to shine in a non-academic subject, but with no lesser value placed upon their success. PE also serves as a vital tool in developing children's language skills, as children are able to link vocabulary to movements and actions. All children have the opportunity to experience a wide range of sporting experiences, in both a competitive and fun way, either in school or at after school clubs. Provision is made so that all children are able to participate actively in PE and at a level that is appropriate to their ability. PE is taught in a progressive and developmental way, building on prior knowledge and skills in order to provide a positive learning experience.

Overall aims for Physical Education:

- Demonstrate an understanding of the importance of health and the role of physical activity on being a healthy individual.
- Develop and teach physical literacy through the PE curriculum, extra-curricular school sport and competitive school sport.
- A range of sports aimed at competitive, challenging and differentiated environments that allow children to improve their skills.
- Provide children with up to date resources and sporting equipment.

The aims of our PE curriculum are to develop pupils who:

- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance
- Have and maintain high levels physical fitness
- Lead a healthy lifestyle which is achieved by eating sensibly and exercising regularly
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others
- Employ imagination and creativity in their techniques, tactics and choreography Are able to improve their own and others' performance
- Can work independently for extended periods of time without the need for guidance or support
- Have a keen interest in PE a willingness to participate eagerly in every lesson, embed positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

All children have had an equal opportunity to access sport on a weekly basis. Each unit of work the children participate in is aimed at improving the children's fundamental movement skills from reception all the way through to year six in preparation for secondary school. The school makes use of the Sports Premium funding to train staff and develop the provision for PE. Further details of what we use this funding for can be found below.

St Saviour's Catholic Primary and Nursery School will measure physical activity against 5 main indicators, these are:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

2. The profile of PE and sport being raised across the school as a tool for whole school improvement

- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 4. Broader experience of a range of sports and activities offered to all pupils
- 5. Increased participation in competitive sport

Total amount carried over from 2022/23	£0
Total amount allocated for 2023/24	Estimated £17,500
How much (if any) do you intend to carry over from this total fund?	£0

Meeting national curriculum requirements for swimming and water safety.	Percentage
N.B. Complete this section to your best ability. For example, you might have practised safe self-rescue	Data will be added at
techniques ondry land which you can then transfer to the pool when school swimming restarts.	the end of the 2023/24
Due to exceptional circumstances priority should be given to ensuring that pupils can perform	academic year when
safe self-rescue evenif they do not fully meet the first two requirements of the NC programme	swimming lessons have
of study	been completed.
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance	Data will be added at
of atleast 25 metres?	the end of the 2023/24
N.B. Even though your pupils may swim in another year please report on their attainment on leaving	academic year when
primary schoolat the end of the summer term 2023.	swimming lessons have
Please see note above	been completed.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl,	Data will be added at
backstrokeand breaststroke]?	the end of the 2023/24
Please see note above	academic year when
	swimming lessons have
	been completed.
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based	Data will be added at
situations?	the end of the 2023/24
	academic year when
	swimming lessons have
	been completed.

Academic Year: 2023/24	Total fund allocated: £	Date Updated	: September 2023]
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school.			Percentage of total allocation:	
Intent	Implementation		Impact	£12,000 - 68%
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieveare linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
A range of after school clubs run by Vara Sports to engage all pupils in extra-curricular sports.	 After school clubs to be set up and will be varied and engaging for children. Afterschool clubs in KS2 will reflect competitions for that half term to ensure children are competitive when they participate. 	£9,000	Children will be active and achieving Chief Medical Officer guidelines for being active	
Provide additional swimming to year 3 as an additional class (3 days a week for a half term)	-	£3,000	 94.4% of our year 6 class achieved 25m+ by the end of the year. Children are given a full half a terms swimming (years 3- 6) three afternoons a week. All children, each year, complete water safety training. 	

Key indicator 2: The profile of PESS	 All pupils can perform safe rescue over a varied distance so they are confident and safe in water. 	a tool for whole s	school improvement	Percentage of total allocation:
				£3,500 – 20%
Intent	Implementation		Impact	23,300 2010
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieveare linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?:	Sustainability and suggested next steps:
To raise the profile of sport in the school through differentiated, well planned sports' days that are engaging for all ages of pupils.	 Purchase new equipment for sports days. Ensure they are planned and implemented in phases. Ensure activities are engaging and relevant to children's skill level. 	Equipment - £2,000	 Children will be engaged and competitive in sports days. 	
Sports week activities where children are exposed to various sports they don't usually play by specialist coaches.	Hire a variety of specialist to run sessions throughout the week	£1,500	Children will be exposed to new sports.	

Key indicator 3: Increased confident	ce, knowledge and skills of all staff in	teaching PE and	sport	Percentage of total allocation: £2,000 – 11%
Intent	Implementation Impact		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieveare linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
Train support staff to aid teaching and learning of PE skills within lessons so they can effectively support the children.	 Vara sports to run training sessions for support staff Support staff to work with coaches in PPA sessions to consolidate what they have learned 	£1,500	Support staff effectively support coaches in PE lessons	
Curriculum scheme to aid teachers in planning and assessing in PE.	 Scheme used to assist teachers in planning and assessing in PE PE curriculum is cohesive and engaging for children 	£500	Children show progress in PE and enjoy their lessons	
Key indicator 4: Broader experience	of a range of sports and activities of	fered to all pupil	S.	Percentage of total allocation: £10,500 – 60%
Intent	Implementatio	n	Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps

Sports week activities where children are exposed to various sports they don't usually play by specialist coaches.	Hire a variety of specialist to run sessions throughout the week	£1,500	Children will be exposed to new sports.	
A range of after school clubs run by Vara Sports to engage all pupils in extra-curricular sports.	 After school clubs to be set up and will be varied and engaging for children. Afterschool clubs in KS2 will reflect competitions for that half term to ensure children are competitive when they participate. 	£9,000	Children will be active and achieving Chief Medical Officer guidelines for being active	
Key indicator 5: Increased participat	ion in competitive sport			Percentage of total allocation:
				£3,000 – 17%
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	 Make sure your actions to achieveare linked to your intentions: 	Funding allocated:	Evidence of impact: what do pupils now know and what can they now do? What has changed?	Sustainability and suggested next steps:
To increase desire to participate in competitive competitions by ensuring the profile of sport is raised and pupils are dressed appropriately and feel 'ready'.	 Training sessions Staff to support and coach 	£2,000	 Children are competitive and enjoy these sessions 	

Inclusive sports day for the whole school - school led.	All children feel valued and are able to actively participate in sporting activities	£1,000	Children will feel valued and successful in sporting activities	
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Headteacher:	Robina Baird
Date:	September 2023
Subject Leader:	Louisa Burrows
Date:	September 2023