



FS2 PSHE & RSE Curriculum Map

Autumn 1		Spring 1		Summer 1	
Lesson 1	<p>Handmade with Love: We are created by God as part of His creation plan.</p> <p>We are all God's children and are special. Our bodies are created by God and are good.</p> <p style="text-align: center;">(Covered in RE sessions)</p>	Lesson 1	<p>Appreciate: Learn how to be grateful for other people.</p> <p>Learn how being grateful makes you feel.</p>	Lesson 1	<p>Growing Up: The natural life stages from birth to death and what these are</p>
Lesson 2	<p>I am Me: We are unique, with individual gifts, talents and skills</p> <p>We are made in God's image, which means being called to be loved and to love others</p> <p style="text-align: center;">(Covered in RE sessions)</p>	Lesson 2	<p>Appreciate: Learn to be grateful for activities and times we feel happy about.</p> <p>Learn how to be grateful for ourselves.</p>	Lesson 2	<p>New People, New Places: Change is part of growing up</p>
Lesson 3	<p>Meet your brain: Learn what our brain looks like.</p> <p>Learn what our brain helps us with.</p> <p>Heads, Shoulders, Knees and Toes Our bodies are good and made by God</p> <p>Names of the parts of the body</p>	Lesson 3	<p>Loving Others: What community is, and that God calls us to live in community with one another</p>	Lesson 3	<p>Engage: Learn what goals are.</p> <p>Learn how to set goals.</p>
Lesson 4	<p>Meet your brain: Learn about how to look after our brain.</p> <p>Ready Teddy?</p>	Lesson 4	<p>Me, You, Us: We belong to various communities</p> <p>We should help at home</p>	Lesson 4	<p>Engage: We are learning what Big Dream Goals are.</p>

	<p>Our bodies are good and we need to look after them</p> <p>Healthy lifestyles - exercise, diet, sleep and personal hygiene</p>		<p>We have a duty of care for others and our world</p> <p>What harms and what improves the world in which we live</p>		
Lesson 5	<p>Meet your brain: Learn how we can grow our brains.</p>			Lesson 5	<p>Engage: We are learning what to do when goals are tricky.</p>
Autumn 2		Spring 2		Summer 2	
Lesson 1	<p>Celebrate: Learn what Character Strengths are.</p> <p>This will also be referred to as their superpowers.</p> <p>Learn about the Love and Kindness Strength.</p>	Lesson 1	<p>Relate: Learn how to be a good friend.</p> <p>Learn why getting along with others is so important.</p>	Lesson 1	<p>Let's Get Real: How feelings can affect actions, and that actions have consequences</p> <p>Simple strategies for managing emotions and behaviour</p> <p>We have choices and these choices can impact how we feel and respond</p>
Lesson 2	<p>Celebrate: Learn about the Character Strengths of Bravery and Honesty, and Teamwork and Friendship</p>	Lesson 2	<p>Relate: Learn why listening is so important.</p> <p>Learn what Active Listening is.</p>	Lesson 2	<p>When I Grow Up: There are different types of jobs God has given us all strengths, gifts and talents to do His work</p> <p>Money Doesn't Grow on Trees Money helps us buy things</p> <p>Wants and needs are different Love is free and is our most important need</p>
Lesson 3	<p>Celebrate: Learn about the Character Strengths Exploring and Learning, and Love of Life and Our World.</p>	Lesson 3	<p>Relate: Learn about our emotions and how it feels when we are not getting along with others.</p>		
Lesson 4	<p>What is the Internet? The internet connects us to others</p> <p>The internet helps us in lots of ways Only Jesus can help us with everything</p>				
Lesson 5	<p>Playing Online: Safe and unsafe situations online</p> <p>They can ask for help from their special people</p>				

- **PSHE – My Happy Mind**
- **PSHE – Ten Ten Life to the Full Plus (PSHE)**
- **RSE – Ten Ten Life to the Full (RSE)**
- **Covered in RE Sessions- doesn't need a specific RE lesson**