



FS2 PSHE & RSE Curriculum Map

Autumn 1		Spring 1		Summer 1	
Lesson 1	Handmade with Love: We are created by God as part of His creation plan. We are all God's children and are special. Our bodies are created by God and are good.	Lesson 1	Appreciate: Learn how to be grateful for other people. Learn how being grateful makes you feel.	Lesson 1	Growing Up: The natural life stages from birth to death and what these are
Lesson 2	I am Me: We are unique, with individual gifts, talents and skills We are made in God's image, which means being called to be loved and to love others Heads, Shoulders, Knees and Toes Our bodies are good and made by God Names of the parts of the body	Lesson 2	Appreciate: Learn to be grateful for activities and times we feel happy about. Learn how to be grateful for ourselves.	Lesson 2	New People, New Places: Change is part of growing up
Lesson 3	Meet your brain: Learn what our brain looks like. Learn what our brain helps us with.	Lesson 3	Loving Others: What community is, and that God calls us to live in community with one another	Lesson 3	Engage: Learn what goals are. Learn how to set goals.
Lesson 4	Meet your brain: Learn about how to look after our brain. Ready Teddy?	Lesson 4	Me, You, Us: We belong to various communities We should help at home	Lesson 4	Engage: We are learning what Big Dream Goals are.

	Our bodies are good and we and we need to look after them Healthy lifestyles - exercise, diet, sleep and personal hygiene		We have a duty of care for others and our world What harms and what improves the world in which we live		
Lesson 5	Meet your brain: Learn how we can grow our brains.			Lesson 5	Engage: We are learning what to do when goals are tricky.
Autumn 2		Spring 2		Summer 2	
Lesson 1	Celebrate: Learn what Character Strengths are. This will also be referred to as their superpowers. Learn about the Love and Kindness Strength.	Lesson 1	Relate: Learn how to be a good friend. Learn why getting along with others is so important.	Lesson 1	Let's Get Real: How feelings can affect actions, and that actions have consequences Simple strategies for managing emotions and behaviour We have choices and these choices can impact how we feel and respond
Lesson 2	Celebrate: Learn about the Character Strengths of Bravery and Honesty, and Teamwork and Friendship	Lesson 2	Relate: Learn why listening is so important. Learn what Active Listening is.	Lesson 2	When I Grow Up: There are different types of jobs God has given us all strengths, gifts and talents to do His work Money Doesn't Grow on Trees Money helps us buy things Wants and needs are different Love is free and is our most important need
Lesson 3	Celebrate: Learn about the Character Strengths Exploring and Learning, and Love of Life and Our World.	Lesson 3	Relate: Learn about our emotions and how it feels when we are not getting along with others.		
Lesson 4	What is the Internet? The internet connects us to others The internet helps us in lots of ways Only Jesus can help us with everything				
Lesson 5	Playing Online: Safe and unsafe situations online They can ask for help from their special people				

- **PSHE – My Happy Mind**
- **PSHE – Ten Ten Life to the Full Plus (PSHE)**
- **RSE – Ten Ten Life to the Full (RSE)**
- **Covered in RE**