

# The Sign of the Cross

right hand



1

In the name of the Father



2

and of the Son

left shoulder

right shoulder



3

and of the Holy Spirit



4

Amen.

# Morning Prayer

**Thank you for St Saviour's School,  
where we care and share,  
where we play and pray.  
Respecting each other as we learn and love,  
with Jesus in our hearts.  
Amen.**

# Prayer before lunch

**Bless us O God as we sit together,  
Bless the food we eat today,  
Bless the hands that made the food,  
Bless us O God  
Amen.**

# Prayer after lunch

## Hail Mary

**Hail Mary,  
full of grace,  
the Lord is with thee.**

**Blessed art thou among women,  
and blessed is the fruit of they womb,  
Jesus.**

**Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.**

# Prayer at the end of the day

**At the end of the day we kneel and say,  
Thank you, Lord, for our work and play,  
We try to be good,  
We know that we should,  
That's my prayer at the end of the day  
Amen.**