

The Sign of the Cross

right hand



1

In the name of the Father



2

and of the Son

left shoulder

right shoulder



3

and of the Holy Spirit



4

Amen.

Morning Prayer

**Thank you for St Saviour's School,
where we care and share,
where we play and pray.
Respecting each other as we learn and love,
with Jesus in our hearts.
Amen.**

Prayer before lunch

**Bless us O God as we sit together,
Bless the food we eat today,
Bless the hands that made the food,
Bless us O God
Amen.**

Prayer after lunch

Hail Mary

**Hail Mary,
full of grace,
the Lord is with thee.**

**Blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.**

**Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.**

Prayer at the end of the day

**At the end of the day we kneel and say,
Thank you, Lord, for our work and play,
We try to be good,
We know that we should,
That's my prayer at the end of the day
Amen.**

Our Father

**Our Father,
Who art in Heaven,
Hallowed by Thy name;
Thy Kingdom come,
Thy will be done
On earth as it is in Heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those
Who trespass against us;
And lead us not into temptation,
But deliver us from evil.
Amen.**

Advent Prayer

**The world was in darkness
and nobody knew
the way to the Father
as you and I do.
they needed a light
to show them the way
and the great light shone
on Christmas Day.**

Lenten Prayer

**I want to follow in your footsteps
so I trust in you
as slowly I discover your path
and move forward
closer to you.**

Angel of God

**Angel of God,
my guardian dear.
To whom God's love
commits me here.
Ever this day,
be at my side.
To light and guard,
to rule and guide.
Amen.**

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,

Did instruct the hearts of your faithful,

Grant that by that same Holy Spirit,

We may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord.

Amen.

Glory Be

**Glory Be
to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end.
Amen.**

Eternal Rest

**Eternal rest grant unto them,
O Lord,
and let perpetual light shine upon
them.
May they rest in peace.
Amen.**

Act of Contrition

**O my God, because you are so good,
I am very sorry that I have sinned
against you and with your help.
I will try not to sin again.
Amen**

Angelus

**The angel of the Lord
declared unto Mary
And she conceived
of the Holy Spirit.**

Hail Mary...

**Behold the handmaid of the Lord.
Be it done unto me according
to Thy Word.**

Hail Mary...

**And the Word was made flesh.
And dwelt among us.**

Hail Mary...

**Pray for us,
O Holy Mother of God.**

That we may be made worthy of the promises of Christ.

Let us pray:

**Pour forth, we beseech You, O Lord,
Your grace into our hearts;**

that as we have known the Incarnation of Christ,

your Son by the message of an angel,

so by His passion and cross

we may be brought to the glory of His Resurrection.

Through the same Christ, our Lord.

Amen.